

NASREEN MOHAMMED ALSHAMY

<p><u>Personal Information</u></p>	<p>Nationality: Saudi Arabian Female - Telephone: 00966112034906 Mobile: 00966504275750 - E-mail: nalshami@ksu.edu.sa alshamynasreen@gmail.com</p>
<p><u>Education</u></p>	<p>-PhD, School of Nursing, University of Dundee 2023 in maternal and midwifery - Master's degree in Nursing (Women's Health) King Saud University, June 2010 - Bachelor of Science in Nursing,2003, King Saud University, Riyadh, Saudi Arabia2003</p>
<p><u>Languages</u></p>	<p>- Bilingual in English and Arabic. - The IELTS score is 7.0 paper-based,</p>
<p><u>Work Experience</u></p>	<p>-2024 -present Assistant Vice Dean for Academic Affairs -2023 Assistant professor in the King Saud University Department of Maternal and Child Health Care - 2010- 2022 Lecturer at King Saud University (Maternal and Child Care Department) -2004-2009 Teaching Assistant in the Nursing College and Allied Health Sciences (CON) in National Guard Hospital, King Abdulaziz Medical City (NGHA-KAMC) in OB/GYN - August/2003- August /2004 Staff Nurse 1 in KFH&RC (King Faisal Specialist Hospital & Research Centre) Area of Practice: Ante & Postpartum & Normal Newborn Nursery.</p>
<p><u>Publication</u></p>	<p>-Factors Affecting Postpartum Depression Among Saudi Females in Riyadh, KSA. Journal of American Science 2012;8(11) -Identification of factors associated with maternal satisfaction with primary health care centre in Riyadh City, Tanta Medical Journal vol.. 37), July 2009 -Alabdullah AAS, ALshamy NM, Alzahrani LM, Safhi RA, Alrashed MT, Al-Mukhtalah LM, Alenazi MA, Alzahrani RS, Alshammari AT, Alhussain FH, Alharthi MA and Alsaran FM (2025) Exploring factors that influence the knowledge and awareness of breastfeeding among Saudi mothers: a qualitative study. Front. Nutr. 12:1516686. doi: 10.3389/fnut.2025.1516686</p>

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Ongoing research projects in 2025	<p>1-Understanding maternal sociocultural beliefs and practices during the postpartum period and infant care.</p> <p>2-Exploring the transition experience for the newly qualified midwives during the internship period: qualitative research design</p> <p>3-Fathers' Involvement in Postpartum Care: Mothers' Views and Nurses' Perceived Barriers in Riyadh, Saudi Arabia</p> <p>4-Assessing the prevalence and impact of using mobile applications by mothers in Saudi Arabia</p> <p>5-Exploring the sexual experiences of women in KSA after giving birth</p> <p>6-Expectant first-time fathers' fear of childbirth: A qualitative study</p>
PhD Research	<p>Exploring and understanding the Saudi Newly-Qualified Female Nurses (NQNs) Experiences during the Transition to Clinical Practice, A Multiple Qualitative Case Study Approach</p>
International and National Membership	<p>-Member of the Excellence in International Transition Research(TCELT)- University of Dundee</p> <p>- Member of the Mother and Infant Research Unit MIRU- University of Dundee</p> <p>- Research Unit, KSA, Nursing College, KSA</p> <p>- Journal Club, KSA, Nursing College, KSA</p>
Awards	<p>UK alumni awards, cultural and creativity finalist, 3rd February 2025</p>
Workshop , achivments , cirtificates	<ol style="list-style-type: none"> 1- Systematic Review / JBI Workshop 2024 2- Scoping Review /JBI Workshop 2024 3- Qualitative research analysis and data collection 2022 4- Nvivo data management 2023 5- Theoretical framework 2024 6- Research Ethics 2024 7- Presentation skills 2020 8- Academic quality practitioner and board of assessors 2025